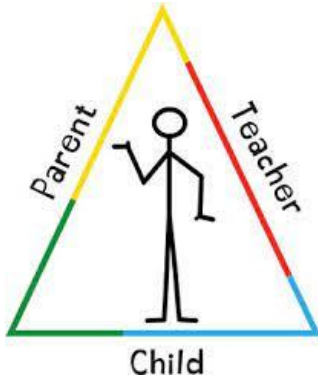


Trick Box - building confidence and & positive thinking for life!



Trick Box is a personal development programme which has been developed by experts to support children's emotional wellbeing, both in school and beyond. It is designed as parent/school/child tool to help children develop positive life habits and self-help strategies.

It consists of 24 simple tricks which children are introduced to through their time at St Peter's. Each trick is developed further as they move up through school.

This will complete the full set of 24 tricks. We know that the tricks are perfect for taking with them to secondary school and beyond! A set of self- help strategies for life.

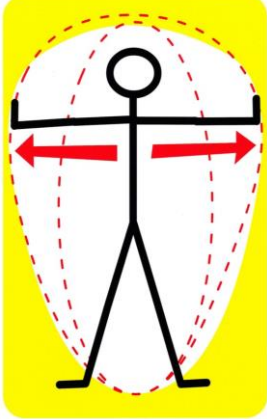


Y6: This year your child will be introduced to the following three tricks.

Autumn: Different Sum!	Spring: 123 Magic!	Summer: Great Goals!


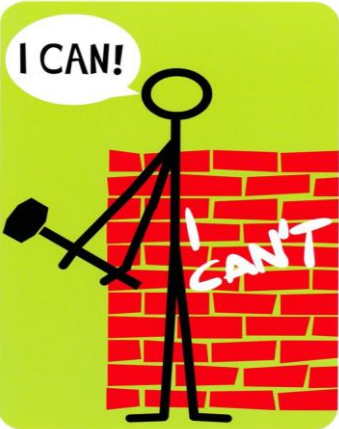
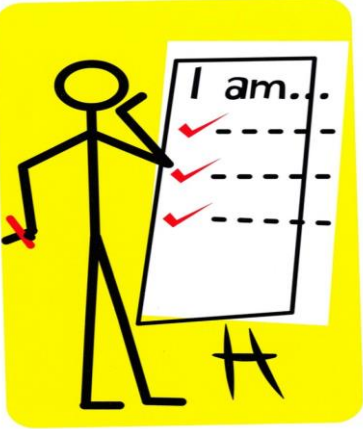
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They will also be building on the tricks they have learnt from YR- Y5


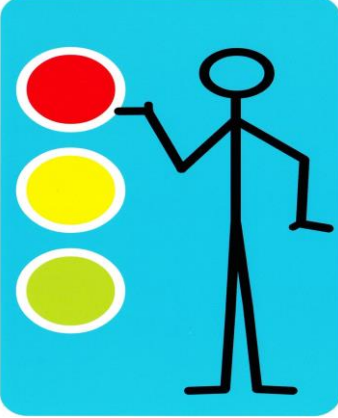

Y5

Super Stretch	Calm Thumb	Marvellous Me
		

Y4




Stand Tall	Break Through	Brilliant Beliefs
		

Y3

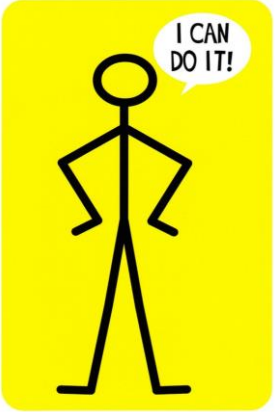


Stand As If	Signal Change	Ask How
		

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Y2

Magic Circle	Big No	Big Yes
 A stick figure on a yellow background, holding a wand that emits three stars.	 A stick figure on a blue background, looking thoughtful with a question mark in a thought bubble and a speech bubble saying "NO!".	 A stick figure on a blue background, looking thoughtful with a question mark in a thought bubble and a speech bubble saying "YES!".

Y1

Autumn: Big Voice	Spring: Sunny Side	Summer: Light Bulb
 A stick figure on a yellow background with a speech bubble saying "I CAN DO IT!".	 A stick figure on a red background, looking up at a thought bubble containing a sun and a cloud with rain.	 A stick figure on a green background, looking up at several thought bubbles, each containing a lit lightbulb.

YR

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YR

Mirror Mirror	Stand Tall	Breathing Colour	Floating Cloud	Win Win	Free Flow

Do ask your child about the tricks and how they use them in school. You will find ways to integrate the tricks at home. It is helpful to have a set of Trick Box cards at home – available for £5 from the school office. The pack will last your child throughout their school career and beyond!

Do ask your child's teacher if you would like more information.

