

# Learning for Life Long Term Overview

EYFS	<b>Early Years including Reception (age 2-5)</b>					
	<b>Physical Development</b>					
	Health and Self-Care <ul style="list-style-type: none"><li>Children know the importance for good health of physical exercise and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.</li></ul>					
	<b>Personal, Social and Emotional Development</b>					
	Self-Confidence and Self-Awareness <ul style="list-style-type: none"><li>Children are confident to try new activities, and to say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.</li></ul> Managing Feelings and Behaviour <ul style="list-style-type: none"><li>Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow rules. They adjust their behaviour to different situations, and take changes of routine in their stride.</li></ul> Making Relationships <ul style="list-style-type: none"><li>Children play cooperatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children</li></ul>					
Key	<b>Understanding of the World</b>					
	People and Communities <ul style="list-style-type: none"><li>Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.</li></ul>					
	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	How can we look after each other and the world?	Who helps to keep us safe?
Year 2	What makes a good friend?	What is bullying?	What helps us grow and stay healthy?	What helps us to stay safe?	How do we recognise feelings?	What jobs do people do?

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<b>Year 3</b>	How can we be a good friend?	What keeps us safe?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	What are families like?	What makes a community?
<b>Year 4</b>	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
<b>Year 5</b>	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
<b>Year 6</b>	How can the media influence people?		How can we keep healthy as we grow?		What will change as we become more independent? How do friendships change as we grow?	