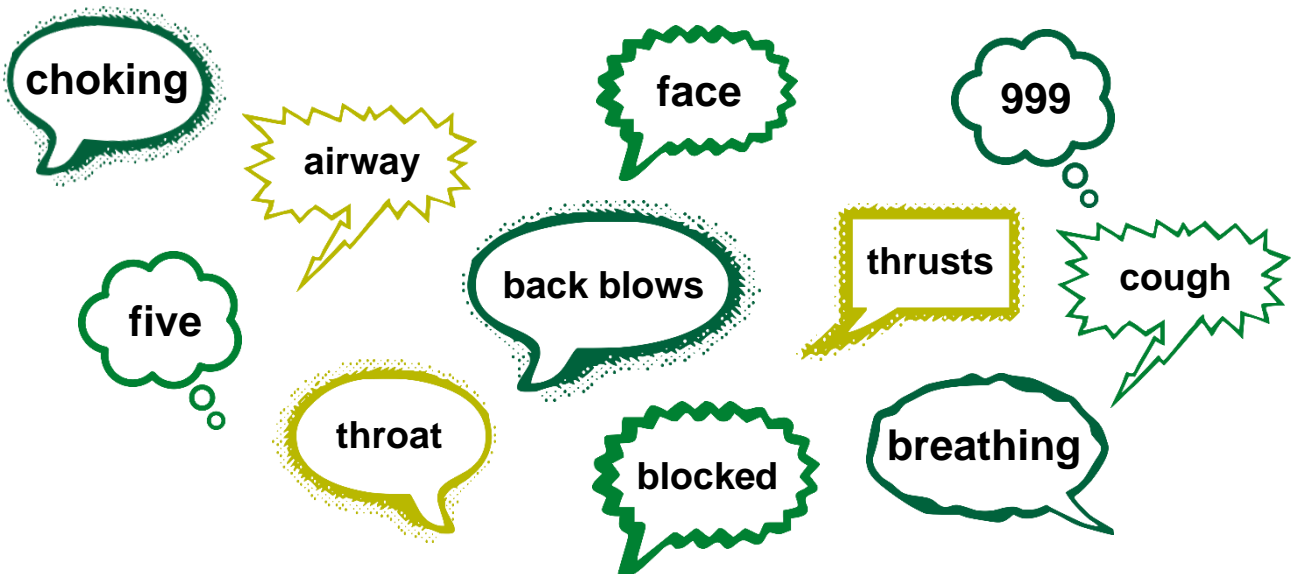


Activity A25

Choking

FILL IN THE BLANKS

From the words below, fill in the blanks to make the correct sentence.



A person who is _____ is in serious danger because their airway is _____. You can tell if someone is choking because:

- They will have difficulty speaking or _____.
- Their _____ will go a red or purple colour.
- They might even point at their _____.

There are some simple things you can do to help a choking person, by clearing their _____.

Firstly, ask the person if they are choking. Next, ask them to try and _____ out the object that is blocking their airway. If that doesn't work, give the person five sharp _____ between their shoulder blades. If their airway is still blocked, try to squeeze the object out by giving up to _____ abdominal _____. Finally, if they are still choking call _____.

