

GET OUTDOORS OR BRING THE OUTDOORS IN

Monday	Forage Collect and identify 3 leaves	Wellbeing Find a tree to sit under and close your eyes. Take deep breaths. Use all your senses to take in nature	Art Create a picture using 5 different materials.	Construct Can you make a tent/ den inside or outdoors. What different materials did you use?	Fun
Tuesday	Fun Make a target game using small sticks and a container. Use your maths for scoring.	Art Create a collage of a woodland animal using natural resources.	Create Use your imagination! What can you make outdoors?	Wellbeing Find a safe place to sit outdoors, close your eyes how many sounds can you hear? What are the noises?	Create
Wednesday	Craft Make a journey stick by collecting objects on your daily walk and fastening to the stick with string/wool.	Fun Can you use natural materials to make music.	Wellbeing How many birds can you hear. Close your eyes and listen to their tune.	Art Take rubbings from four different natural objects. Which object worked the best?	Craft
Thursday	Construct Build a twig tower. How high can you make it? Measure it.	Craft Make a woodland friend from sticks.	Forage Find 10 objects, outdoors, can you make a picture with them.	Create Make five letters from natural resources. Can you use these letters to write a poem? Use the letter at the start of each line.	Wellbeing
Friday	Art Make a woodland picture of a happy face.	Forage Can you identify 3 different types of Fungi. Don't touch just look	Craft Make a mobile using natural materials found outside.	Fun Make a game using any objects inside or outside that you can score points. How many points can you score?	Forage

Use these activities to keep you busy during lockdown, use your time out on walks to collect and gather resources so that you can complete at home.

Use the end column to create your own fun, creative and imaginative activities to share with others.

Send pictures to forest@stpeters-farnham.surrey.sch.uk when you have completed each task tick it off. You will receive a certificate if you can complete every task.

