

Learning for Life Long Term Overview

Key	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	How can we look after each other and the world?	Who helps to keep us safe?	What can we do with money?
Year 2	What makes a good friend?	What is bullying?	What helps us grow and stay healthy?	What helps us to stay safe?	How do we recognise feelings?	What jobs do people do?
Year 3	How can we be a good friend?	What keeps us safe?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	What are families like?	What makes a community?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can the media influence people?		How can we keep healthy as we grow?		What will change as we become more independent? How do friendships change as we grow?	