

What to do today

IMPORTANT! Parent or Carer – Read this page with your child and check that you are happy with what they have to do and with any weblinks or use of the Internet required.

1. Story time

Go back to <https://www.youtube.com/watch?v=h7ypmw-0JU0> and <https://www.youtube.com/watch?v=vHiW5ndFNQQ>.

Re-listen to the readings of both *The Night Shimmy* and *Silly Billy*.

2. Comparing stories by Anthony Browne

Read each of the talking points: *Comparing The Night Shimmy and Silly Billy*.

- Think carefully about your answers.
- Write out your answers on the *Responses* sheet.
- Give your answers as complete, punctuated sentences in your best handwriting.

3. Falling asleep happily

Read the information on *How to Avoid Nighttime Worries*.

- Think about what you would say to someone who is worried about going to bed.
- Write out your suggestions on *My Advice*.

Now try this Fun-Time Extra

- One way to stop bad dreams is to use a dream catcher.

Go to <https://www.youtube.com/watch?v=us9p52-WJrs>.

Follow the instructions to make a dream catcher of your own.

If you don't have the materials you need at home, copy the picture of a dream catcher and hang your drawing over your bed.

- Write about some of the amazing fun dreams that slip down the feathers at nighttime!

Comparing The Night Shimmy and Silly Billy

<p>1. Describe in detail something that is <u>the same</u> in both books.</p>	<p>2. Describe in detail something that is <u>different</u> from one book to the other.</p>	<p>3. Which main character do you feel most <u>sorry</u> for – Eric or Billy? Give reasons for your choice.</p>
<p>4. If you had a younger brother or sister, which book of the two would you suggest they read? Why do you think that would be the better book for them?</p>	<p>5. Say which book has the best <u>pictures</u> and explain why you think that.</p>	<p>6. Say which book is the best <u>story</u> and explain why you think that.</p>

Responses

1.

2.

3.

4.

5.

6.

Avoiding Nighttime Worries

Both Eric and Billy have things that worry or upset them at bedtime. Eric has horrible lizard dreams while Billy worries about all sorts of quite scary things happening to him.

What advice would you give to someone who was worried about settling down in bed at night?

Read the suggestions below. You might also have some really good ideas of your own that are not on the list.

- ❖ have a special toy or teddy with you
- ❖ leave the bedroom door open
- ❖ leave a light on
- ❖ tell your family about anything that is bothering you
- ❖ read a cheerful, happy story
- ❖ use worry dolls
- ❖ use a dream catcher

Pick the **three** best ideas of your own or from the list.

On *My Advice*, write a paragraph about each one.

For each, say what the idea is.

Then explain why or how you think that would really help someone who was worried at night.

My Advice

A large rectangular area with a decorative border of colorful puzzle pieces. The interior is divided into 12 horizontal lines for writing.

A Native American Dream Catcher

