

Henna is a small shrub that grows in India and other places around the world. Henna leaves are crushed into a powder and then mixed with water and lemon juice to make a paste. This paste is then used on people's skin, hair and special cloth.



Henna paste is used to create intricate designs on the skin. This process is called mehndi in India. Once the paste has been applied to the skin it needs to be left to dry for a long time. The paste then gets rubbed off and a temporary tattoo is left behind.



A symmetrical pattern is made up of exactly the same parts on both sides of a line or around an axis.

Can you see the symmetry in this mehndi design? How was it created?





