## Send someone you miss a hug!

## You will need:

- Paper
- Something to colour with
- Something to write with
- Scissors
- Tape or glue
- Lots of love



Instructions for making your hug.

- 1. Draw around both of your hands and cut them out.
- 2. Decorate your cut out hands, remember you are sending this hug to someone really special.
- 3. Measure then length of both of your arms.
- 4. Find some paper and make a strip as long as your arms. You can stick strips of paper together if you don't have a long enough piece of paper.
- 5. Write a letter to your special person telling them how much you miss them and what you would like to do when you see them again on your arms. Perhaps you could tell them why they are so special to you.
- 6. Make it super special by using your very best handwriting and decorating it to show how much you care. Ask a grown up to help you post your letter to that special person.