

I can polish my own shoes.	I can tie shoelaces.	I can make a plate of healthy sandwiches for my family.	I can change the sheets on my own bed.	I can wash my own hair.
I can follow a recipe and make a cake (adult supervision for cooking).	I can throw and catch a ball with a partner 10 metres away.	I can introduce myself in French (name/age) and talk about an aspect of French culture.	I can name a famous artist and say what is special about their work.	I can talk about my favourite singer or musician and explain why I like them.
I can name two historical buildings in my own area & say why they are special.	I can label at least seven European countries on a map.	I can keep a ball bouncing with a bat for 20 strikes.	I can locate on a map: London, Edinburgh, Belfast, Cardiff & Farnham.	I can describe how the Romans, or the Vikings came to Britain and explain their way of life.
I have watched an orchestra play (online) & can name five instruments being played.	I can explain what happens when a volcano erupts.	I can explain several useful things a computer can do.	I can explain how to stay safe when using a computer.	I can locate on a map: The Channel, The Atlantic Ocean, The Irish Sea & The North Sea.